

PEANUT BUTTER GRANOLA

Ingredients

Serves 4 people

2 Tablespoons peanut butter

1 Tablespoon honey

1 cup oats

1 teaspoon cinnamon

1 teaspoon vanilla



Directions

1. Preheat the oven to 325 degrees Fahrenheit. Line a baking sheet with parchment paper or aluminum foil.
2. Combine peanut butter and honey in a microwave safe bowl and microwave until peanut butter melts, about 1 minute. Stir to combine.
3. Add oats, cinnamon and vanilla into peanut butter mixture. Mix until oats are completely coated.
4. Spread oats onto prepared baking sheet in a single layer and bake for 5-7 minutes, or until granola is slightly browned. Let granola cool completely before storing in airtight container.

Nutritional Value

145 Calories

5g Protein

5g Fat

11 mg Sodium

21g Carbohydrates

Marion County Public Health Department
NUTRITION SERVICES

