# ACTION HEALTH CENTER

The ACTION Health Center is committed to providing a caring and warm environment so that we can extend services to ...

- Clients at high risk of coming in contact with life threatening illnesses or situations.
- Individuals and families (of pediatric and adolescent patients) with significant problems in one or more life areas who might not otherwise receive care or only come in when in crisis.
- Adolescents and Adults striving to obtain greater self-worth through participation in self-enrichment activities.
- Children, adolescents, and young adults who want to make a positive impact on their health and well-being

In performing our clinical responsibilities, The ACTION Health Center seeks to offer programs and services reflected in the following areas:

### **Health Education & Promotion**

Provides education involving a variety of health issues including and not limited to bullying, violence prevention and gun safety, diabetes and asthma.

Personal Growth & Development Services

Facilitating development in patients who want to improve personal satisfaction, self-esteem and interpersonal skills.

#### **Medical Services**

Are geared toward addressing ongoing medical needs of clients including, but not limited to, physical exams, immunizations, pregnancy, tobacco abuse, and family planning.

#### Social Work/Behavioral Health Services

Counseling services geared toward addressing behavioral and emotional problems along with improving problem-solving skills with an emphasis on the development of effective coping mechanisms.



The ACTION Health Center is committed to providing quality care through the utilization of well qualified staff who meet the highest standards of professionalism.

We believe in the team approach to treating our clients. We encourage personal growth through education and training for our staff.

## ACTION HEALTH CENTER

**STORY** 

The establishment of the **ACTION**(Adolescent Care Team In Our Neighborhood)
Health Center in 1988 marked a milestone in the development of specialized health services for the adolescent population in Indianapolis.



When challenged by the Robert Wood Johnson (the nation's largest private funder of health care programs) to address the needs of youth in our community, several local foundations and agencies pulled together to support the ACTION Health Center.

ACTION HEALTH CENTER

**MEDICAL • BEHAVIORAL • EDUCATIONAL** 

The result was the formation of Community Care Funding Partners, a community coalition of the Marion County Public Health Department and local corporate/philanthropic funders who support the expansion of health and human services for adolescents.

While the Marion County Public Health Department's Adolescent program had been in place since 1976, the opening of the ACTION Health Center added an innovative element to the program's existing components by offering a comprehensive range of medical and social work/behavioral health counseling services to teens in one location.

Collaborating agencies established offices onsite at the ACTION Health Center, providing teens easy access to needed services.

Coordination with outside agencies has been a fundamental objective of the Adolescent program, earning the Health Department national recognition in 1990 through a National Award of Excellence for coordination of Adolescent Services from the American Medical Association.

The cornerstones of the ACTION Health Center are primary medical care (ambulatory health clinics staffed by physicians, nurse practitioners, nurses, and counselors) and social work/behavioral health counseling services and health education.