



MARION COUNTY
PUBLIC
HEALTH
DEPARTMENT

Prevent. Promote. Protect.



Healthy Families
Indiana™

Marion County Public Health Dept.



Healthy Families
Indiana™

Marion County Public Health Dept.



The mission of Healthy Families Indiana is to promote supportive environments that optimize child growth and development and encourage resilient, healthy families.

HEALTHY FAMILIES

4701 N. KEYSTONE AVE. • SUITE 300

INDIANAPOLIS, IN 46205

PHONE 317-221-2349

FAX 317-221-4686

A PROGRAM OF THE
**MARION COUNTY PUBLIC
HEALTH DEPARTMENT**

FREE & VOLUNTARY FAMILY SUPPORT PROGRAM



A FAMILY SUPPORT
SPECIALIST OFFERS
SUPPORT AND
RESOURCES IN
YOUR HOME

HEALTHY FAMILIES BELIEVES:

- All parents want the best for their children
- All parents are responsible for helping their children grow and succeed
- All parents benefit from support and encouragement

“

HEALTHY FAMILIES HAS HELPED ME BE A BETTER PARENT TO MY CHILD AND HAS TAUGHT ME THINGS TO HELP ME IN THE FUTURE. THEY MAKE YOU FEEL LIKE YOU'RE NOT ALONE AND YOU ALWAYS HAVE SOMEONE TO HELP YOU.

—PROGRAM PARTICIPANT

”

WHAT CAN I EXPECT FROM HEALTHY FAMILIES?

Healthy Families is a free and voluntary program available to families who are expecting a child or those that have just had one

HERE IS WHAT YOU CAN EXPECT:

- Support during your pregnancy and early years of parenting
- Ideas that will let you know if your baby is growing and developing like other children the same age
- Help to create a safe and caring home for your child

“

HEALTHY FAMILIES HAS IMPACTED MY LIFE FOR THE BETTER. I AM MORE KNOWLEDGEABLE AND CARING FOR MY DAUGHTER.

— PROGRAM PARTICIPANT

”

WHY HEALTHY FAMILIES?

- Babies begin learning at birth—the first years are the most critical to their future learning
- The first years of life are also when children learn to trust and develop attachments
- Early parent-child contact sets the stage for all the relationships a child will have
- Parents need the most current information on how babies grow, change, and develop
- Services are voluntary and free to the family