



STATE RESOURCES

▶ 988

A direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support. Learn more at: <https://www.in.gov/fssa/dmha/update-on-988-in-indiana/>

▶ Findhelp.org

An online resource that connects individuals who are facing mental illness, substance use disorder, or behavioral health issues with the necessary resources to acquire treatment, including counselors, residential and inpatient providers, recovery residences, shelters, support groups, and more. <https://www.findhelp.org/>

▶ Indiana 2-1-1

A free and confidential service that helps Hoosiers across Indiana find the local resources they need. Dial 2-1-1 to connect with a navigator 24 hours/day. <https://in211.communityos.org/>

▶ The Indiana Consultations for Healthcare providers in Addiction, Mental Health, and Perinatal (CHAMP) Psychiatry Program

An innovative adult and perinatal psychiatry access program for any provider of adult healthcare. CHAMP offers a free statewide provider-to-provider phone consultation line, referral service and educational opportunities. The program is intended for use by any healthcare provider in Indiana who sees adult or perinatal patients experiencing mental health concerns and substance use disorders to directly speak with a psychiatrist about a specific patient case or general questions. Visit the link to enroll in CHAMP: <https://medicine.iu.edu/psychiatry/clinical-care/integrated/champ> or call the provider line at 317-274-2400 (weekdays, 9 AM–5 PM excluding university holidays).

▶ Indiana's NextLevel Recovery

Provides access to resources for prescribers, emergency personnel, community leaders, and persons with substance use disorder and their families. <https://www.in.gov/recovery/>

▶ Indiana Recovery Network

Indiana's Recovery Hub, removing barriers to accessing sustainable recovery services, information and resources. <https://www.indianarecoverynetwork.org/>

▶ Overdose Lifeline (ODL)

Offers a variety of programs for substance use disorder (SUD) help and prevention: Fentanyl test strips, naloxone, training and education opportunities for people affected by SUD and their families. <https://www.overdoselifeline.org/>

▶ SHIP Happens

An Indiana organization that offers online naloxone training, as well as naloxone doses, HIV test kits, fentanyl and xylazine test strips that can be shipped to you for free. <https://harm-lessindiana.org/>