OD2A: LOCAL NEWSLETTER

August 2024

OD2A: Focus on Data

August was a busy month for OD2A grantees as we continue to meet CDC grant deliverables and serve Marion County.



237 referrals to community resources (such as shelter, food pantries, clothing pantry etc)



4,932 Naloxone doses distributed to agencies/individuals



820 mouth shields distributed to agencies/individuals



48 referrals to treatment/services



37 Naloxone trainings held across Marion County



4,497 Fentanyl test strips distributed.



AMERICAN LIVESTHEATRE

<u>American Lives Theatre</u>, with funding from the Indianapolis Arts Council, will offer a unique 8-week play-writing workshop for individuals in recovery from substance use disorder.

Art therapy can be a beneficial treatment option for individuals going through recovery. It allows someone to pick a medium such as painting, sculpture, or writing and use that medium to express their emotions, explore the complexity of going through substance use and recovery and share their personal experiences with others.

The 8-week workshop hosted by American Lives Theatre will guide participants through the creative process of writing a short play. There is an optional public presentation option, if participants are interested.

Participants can expect:

- Safe and supportive environment
- Positivity and encouragement
- Skills for self-care
- No pressure
- Rediscover your creative voice

The FREE workshop meets weekly on Monday evenings at the <u>IndyFringe Theatre</u> (719 E. St. Clair St. Indianapolis, IN 46202).

No writing sample is needed, but spots are limited. Interested individuals can Email Chris Saunders at chris@americanlivestheatre.org for more information.



FDA Toolkit: Prescribe with Confidence



The FDA has shared "<u>Prescribe with Confidence</u>", a toolkit to assist primary care providers to screen their patients for <u>opioid use disorder</u> (OUD). The toolkit provides educational resources to help providers recognize the signs that their patient might have OUD and how to discuss options for OUD treatment. The FDA believes that providers can incorporate OUD screening and treatment options into the shared decision-making process with patients.

One of the key benefits the toolkit provides is laying out practical first steps for primary care providers including understanding necessary rules and requirements in their home state, completing the 8 hour DEA-required training, how to engage office staff, and how to partner with community pharmacies to ensure they stock adequate MOUD medications.

The toolkit contains:

- Screening tools
- · Links to resources from the CDC, SAMSHA, and other trusted institutions
- Links to MOUD-based health studies
- Patient information on medication for opioid treatment
- Video testimonials
- Sample social media posts
- Printable handouts and posters



Beyond Substance Podcast

In the first episode of season 2 for Beyond Substance, Sean McDonough shares his personal journey of addiction and recovery. He emphasizes the importance of seeking help and not giving up, as well as finding connection with others who have experienced recovery.



Apple Podcasts
Spotify

Overdose To Data Action Grant

The CDC implemented the <u>Overdose Data to Action</u> (OD2A) cooperative agreement in 2019 to address the raising rates of fatal and non-fatal overdoses in the United States. OD2A focuses on understanding and tracking the complex and changing nature of the drug overdose crisis by seamlessly integrating data and prevention strategies. In August 2023, CDC awarded new five-year <u>cooperative</u> <u>agreements</u> to 90 jurisdictions including Marion County.

OD2A recipients focus on:

- Address the evolving epidemiology of the drug overdose crisis.
- Close identified gaps in prevention activities.
- Apply lessons learned from the previous OD2A funding opportunity.
- Reflect the differing roles and spheres of influence state and local health departments and their partners have.

