MARION COUNTY PUBLIC HEALTH DEPARTMENT

## BREASTFEEDING & LACTATION SUPPORT

Support for breastfeeding families in the transition from hospital to home.







## **WHAT WE OFFER:**

- Home visits with certified lactation specialist
- Postpartum support and resource referrals
- Breastfeeding education
- Weight checks

HOW TO GET SUPPORT: please include: mother's name, birthdate, address, phone numbers, preferred language and questions/concerns

• by email: lactation@marionhealth.org

• by phone: 317-221-7403

Breastfeeding is not always easy. We are here to help support you!