

JANUARY 2026

Thursdays 8, 15, 22, 29 1:30 - 3 p.m.

MARCH 2026

Tuesdays 10, 17, 24, 31 5:30 - 7 p.m.

MAY 2026

Wednesdays 6, 13, 20, 27 1:30 - 3 p.m.







SCAN TO SIGN UP TODAY!

Registration required.
Plan to attend all **four** classes.
marionhealth.org/diabetes
317-221-2094

Don't be shy, we will help you with the online part!

TURN OVER FOR 2026 IN PERSON CLASSES!



FEBRUARY 2026

Marion County
Public Health Department
3838 N. Rural St., 46205
Wednesdays 4, 11, 18, 25
1:30 - 3:30 p.m.

APRIL 2026

Southport Library 2630 E. Stop 11 Rd., 46227

Thursdays 9, 16, 23, 30 1:30 - 3:30 p.m.

JUNE 2026

7898 Hague Rd., 46256

Tuesdays 9, 16, 23, 30 5:30 - 7:30 p.m.









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TURN OVER FOR 2026 ONLINE CLASSES!